

Ozfer

A Comprehensive Multivitamins & Minerals Formula

اوزفر

COMPOSITION

Each 5ml Ozfer syrup contains:

Vitamin A	5mg
Vitamin B6	4mg
Vitamin C	20mg
Vitamin D3	400IU
Vitamin E	30IU
Vitamin B1	4mg
Vitamin B12	8mcg
Vitamin B2	5mg
Niacin	10mg
Vitamin B5	10mg
L-Lysine	40mg

(Manufacturer Specs.)

Each Ozfer tablet contains:

Vitamin A	5mg
Vitamin B6	4mg
Vitamin C	20mg
Vitamin D3	400IU
Vitamin E	30IU
Vitamin B1	4mg
Vitamin B12	8mcg
Vitamin B2	5mg
Niacin	10mg
Vitamin B5	10mg
Folic Acid	400mcg
Calcium Carbonate	100mg
Magnesium sulphate	50mg
Zinc sulphate	30mg
Sodium sulphate	10mcg

(Manufacturer Specs.)

DESCRIPTION:

Ozfer is a nutritional supplement.

WHAT OZFER IS USED FOR

B-vitamins for energy and cognitive function:

B-vitamins are involved in energy metabolism. They play a well-known and critical role in the metabolic conversion of proteins, fats and carbohydrates to energy. B-vitamins are water-soluble and must be replaced daily. Deficiencies may result in fatigue, malaise and lethargy. Thus, the requirement is linked to energy metabolism and will be increased by factors that increase the rate of energy utilization e.g. exercise. It is also important to note that because the brain is the most metabolically active part of the body requiring a high demand for energy, micronutrients (including B-vitamins like pantothenic acid) are essential for playing a key role in cognitive function as well as energy production. Ozfer has been developed with elevated levels of B-vitamins to support and replenish the daily needs of individuals that expend extra energy through higher levels of physical activity.

Calcium and vitamin D:

Calcium and vitamin D are nutrients that help protect you from osteoporosis. Calcium helps build strong bones, while vitamin D ensures that your body effectively absorbs calcium.

Magnesium:

Magnesium is needed to keep muscle and nerve functions normal and the heart beating rhythmically. It also helps to support a healthy immune system and keeps bones strong. It is important in terms of regulating blood sugar levels.

Antioxidants for mental function/performance and immunity:

Antioxidant micronutrients including vitamins C, E and zinc play a key role in helping to neutralize the harmful effects of free radicals. Since the brain undergoes significant free radical damage, replacing antioxidants on a daily basis can play a key role in reducing free radical damage, which has been implicated in cognitive or brain function. Studies have also shown that supplementation with antioxidant micronutrients can play a critical role in maintaining immune competence and enhancing immunity.

Vitamins A, E and C for healthy skin:

Skin condition and function are affected by environmental factors such as ultraviolet (UV) irradiation, free radicals, toxic/allergic compounds, mechanical damage and by factors such as genetic predisposition, immune status, hormone status and stress. Consequently, the skin undergoes alterations resulting in photo aging, inflammation, reduced immune function, skin imbalances and skin disorders. Nutrition is important for skin functioning and attractiveness.

Optimization of the diet may not only prevent skin disorders but may improve skin condition. The

antioxidants vitamin A, C, E have been effectively used as dietary supplements to protect against sunburn. Vitamin A has an important role in skin health. Layers of cells known as epithelial cells cover all body surfaces. The epithelial tissue on the outside of the body is the skin. Vitamin A helps to maintain the normal structure and function of the epithelial cells found in the skin, lungs, trachea, gastrointestinal tract and other mucus membranes.

Lysine:

Lysine, also called L-lysine, is an amino acid that is necessary for many bodily functions. Amino acids are the building blocks of protein because they combine with other compounds to form this macronutrient. Lysine as an essential amino acid because, unlike some other amino acids, the body cannot synthesize it. As a result, people need to include it in their diet. The human body needs lysine for healthy functioning. It is a crucial component of proteins that play a role in helping body tissue grow and recover from damage. It helps the body absorb calcium, iron, and zinc. It promotes collagen growth, help produce enzymes, antibodies, and hormones and support the immune system.

INDICATION

It is used to treat or prevent vitamin deficiency due to poor or unhealthy diet and certain illnesses. Ozfer is indicated as nutritional supplementation in individuals with chronic vitamin deficiency states, chronic infections, old age, and chronic debilitating diseases.

Ozfer syrup may be used in all kind of multivitamins deficiency.

Ozfer tablet may be used in all kind of multivitamins and minerals deficiency.

DOSAGE

Ozfer syrup:

Children: 1 teaspoonful daily

Adult: 1 to 2 teaspoonful daily.

Ozfer tablet:

Adults: Take one tablet daily after meal.

Do not exceed the recommended dose or as directed by the physician.

This product should be used with extra care in the elderly. Although, it is a nutritional supplement but, it may be contraindicated or not suitable for some people.

Nutritional supplements cannot replace a balanced diet.

UNDESIRABLE EFFECTS

Constipation, diarrhea, or upset stomach may occur. These effects are usually temporary and may disappear as your body adjusts to this medication. If any of these effects persist or worsen, contact your doctor or pharmacist promptly.

WARNING & PRECAUTIONS

Consult a healthcare professional prior to use if:

- You are taking any other medications on a regular basis.
- Prolonged or excessive use of this medicine or any other multivitamins supplement without any nutritionist or doctor advice may be fatal.
- Those who are using other multivitamins and multimineral supplements
- Patients who have kidney problems like kidney failure, on dialysis, etc.
- Heart problems, patients who have heart failure and using other hypertensive and heart medication should consult their cardiologist before using any kind of medicine.
- If you are pregnant or breastfeeding, please consult your doctor for advice.

OVERDOSE

In the event of over dosage, consult your doctor or pharmacist. If neither is available, seek help at the nearest hospital or poison control center.

CONTRAINDICATION

Hypersensitivity to any of the ingredients of Ozfer.

PRESENTATION

Ozfer Tablet: 2x10's / pack

Ozfer syrup: 120 ml

Mfg. En. No.: 0083

Product En. No. (Tablet): 0083812583

Product En. No. (Syrup): 0083812584

فود سپلیمنٹ / نیوٹرا سیوٹیکل / نیوٹریشنل سپلیمنٹ۔ یہ پروڈکٹ کسی بیماری کے علاج کے لئے نہیں ہے۔
Food Supplement/Nutraceuticals/Nutritional Supplement.
Not for treatment of any disease.
Enlistment rules 2014, in accordance with DRAP act 2012



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